

APPENDIX 6 - PENALTY SHOOT OUT

1. Officials Involved

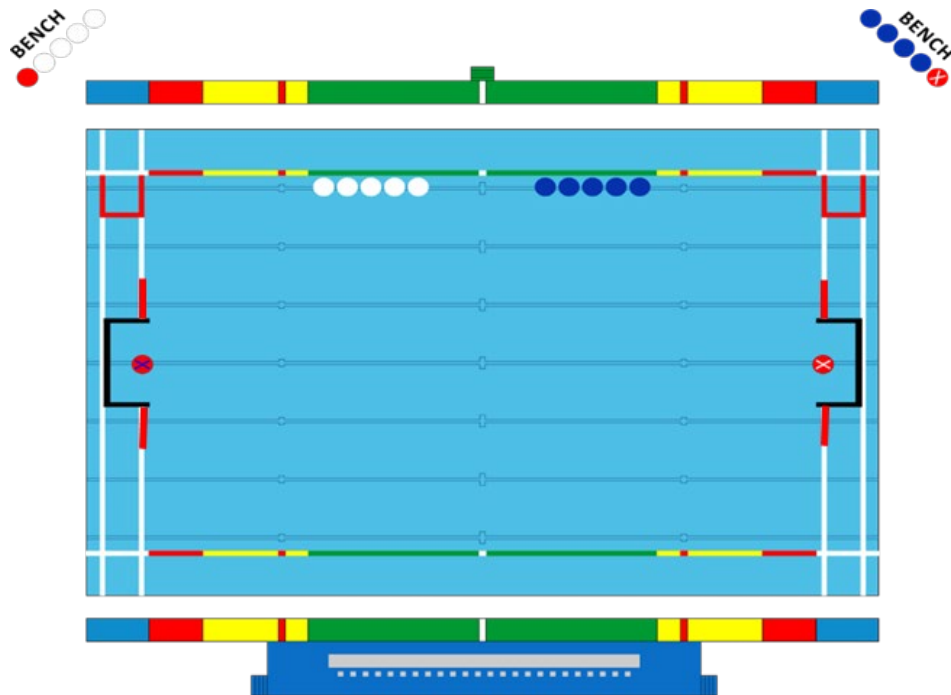
- **1.1 Delegates:** priority to check if the shooters can participate in PSO (no player with three (3) personal fouls or has received a red card or can no longer participate due to injury) and to control the same order of shooters (five (5) shooters) after the first round of penalties has taken place.
- **1.2 Referees:** priority to control the field of play, benches, position of goalkeepers and shooters in the field of play.
- **1.3 Video Assistant Referee:** goal no goal assistant if needed.

2. Procedure

2.1 If a penalty shootout (PSO) has to determine the outcome of a game (according to VI 4.3), the following procedure and protocols must be followed

2.2 Immediately after the end of the 4th period, there is a **3-minutes break** during which the following actions need to be completed:

- a. the players leave the water and sit on their respective team benches, except for five (5) shooters from each team who will remain in the water in their respective team's half of the field of play, and the goalkeepers.



- b. the goalkeepers change ends and position themselves in the goal in the opposite team's half of the field.
- c. the referee who last officiated on the side of the team benches will call the team captains and with a coin toss will determine which team will shoot the first penalty.
- d. Assistant referees are not involved in PSO.

2.3 After the end of the 3-minute break, the PSO will start immediately. If a team fails to be ready on time, the team's coach shall be warned by issuing a **yellow card**. If the coach has already been warned with a yellow card, a red card shall be issued for delaying the PSO. If the head coach has already been excluded, any other bench official can only receive a red

card for delaying the PSO

2.4 When shooting alternately at each goal, only **one referee** will control each penalty. Referees will position themselves on the 5-metre lines at opposite ends of the field such that right-handed shooters can easily observe the referee's signals. A referee will only walk to the other end of the field if a left-handed shooter is ready to take the next penalty.

2.5 Multiple balls can be used for the PSO. The ball shall not be thrown from one end of the field to the other. Each side will use their own set of balls.

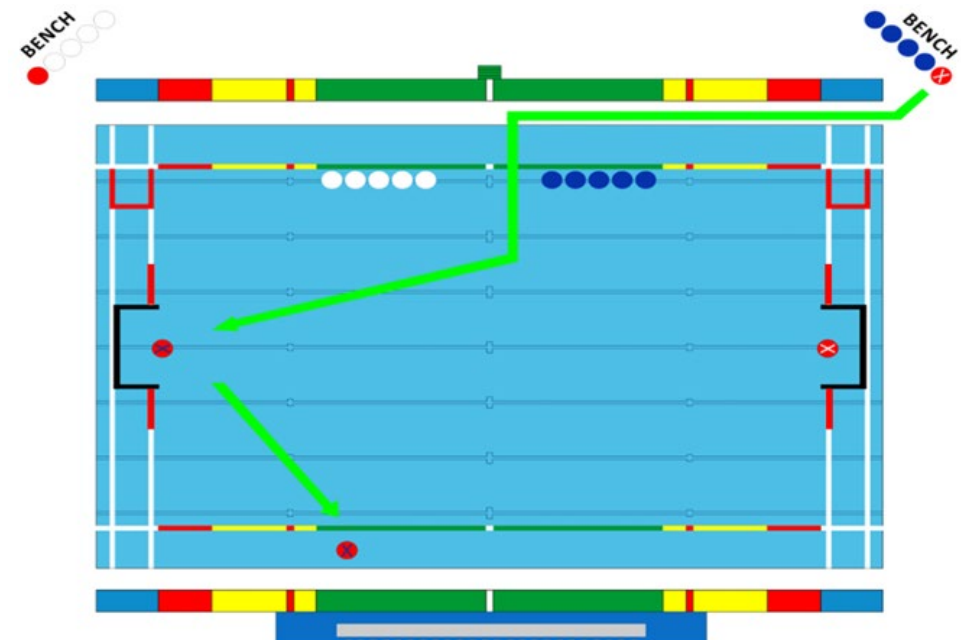
2.6 The order in which shooters of each team shall be determined is the order in which they shoot the first round of five (5) penalties. (No list of shooters needs to be written down before the start of the PSO.) The secretary shall record the numbers of the players who take the penalties and, together with the delegate, shall check that the shooters are eligible to participate in the PSO (no three (3) personal fouls or excluded with red card, or due to injury). If the teams are tied after the first round of five (5) penalty shots, the same players shall continue in the same order as established after the first round of penalty takers.

2.7 Shots will be taken alternately at each end of the field of play, unless conditions at one end of the field of play advantage and/or disadvantage a team, in which case all shots may be taken at the same end.

3. Substituting the goalkeeper.

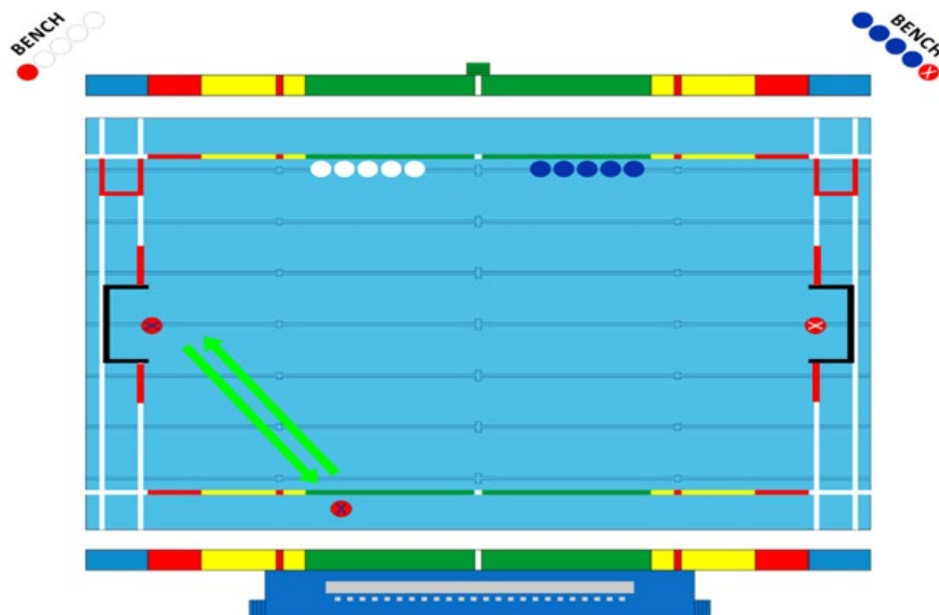
3.1 Substituting the goalkeeper, during the PSO, is allowed according to the following procedure (see below the green arrows):

1. The substitute goalkeeper has to walk to the half distance line and then to swim to the goal and take the position of the first goalkeeper.
2. The goalkeeper who is substituted must swim to the side of the jury table and and to wait out of 6 meters and outside the field of play (to be re-substituted or until the end of PSO).



4. Re-substituting the goalkeeper

4.1 It is possible to substitute the goalkeeper again during a PSO by swimming according to the green arrows below:



5. Exclusion of goalkeeper and players during penalty shoot out

5.1 If the goalkeeper is excluded during the penalty shoot out, a player from the five players in the water, may substitute for the goalkeeper but without the privileges of the goalkeeper; following the taking of the penalty shot, the player may be substituted by another player or alternate goalkeeper.

5.2 If a field player is excluded during the penalty shoot out, the player's position is removed from the sequence of the five players participating in the penalty shoot out, and a substitute player is placed in the last position of the sequence.

6. Summary

During the PSO:

1. The secretary and the delegate control the correct order of the shooters and the score.
2. The referees manage the teams.
3. No warming up is allowed during the PSO.
4. All players not involved in the PSO must sit on the bench together with the team officials.
5. During the PSO, none of the players is allowed to hang onto the line.
6. A goalkeeper can substitute by swimming, as indicated in the PSO protocol, to the goal.
7. The substituted goalkeeper will stay in the water, out of the 6 metre line and outside the field of play.
8. Every subsequent substitution of the goalkeeper occurs in a similar manner.